

POWER of the Positive Mindset

Motivational Speaking Presentation

Cultivate positive change with a motivational speaker that specializes in building confidence, developing skills, inspiring success and changing habits for kids of all ages. Mark Altman is a successful entrepreneur, former Class President, youth mentor/coach, and community leader who overcame the odds to succeed. Students will know they can do it too as they are inspired by Mark's perseverance and passion.

Mark's ideas and strategies empower students with the right attitudes, beliefs, behaviors, and habits. He transfers the POWER of a positive mindset to help students embrace success while leaving them energized, educated, and excited to control their future. His stories connect, his lessons inspire, and his advice sticks.

Students feel empowered to:

- Embrace and lead change
- Find opportunities in setbacks
- Recognize they are in control of their own success or failure
- Overcome past feelings of self-doubt and uncertainty
- Gain a competitive edge
- Adopt a growth mindset
- Be more engaged and motivated in school, internship, and jobs
- Use mindfulness to increase personal awareness and drive better habits

RECOMMENDED FOR

Student-Athletes	Administrators
School Organizations	Groups Organizations
Middle School	Leadership
Students	Wellness
High School Students	PTO
Teachers	

PRESENTATION TOPICS

START 'EM YOUNG: Youth Leadership

EMBRACING Perspective and Change

GROWING Your Mindset

YOUR TRUE IDENTITY: Building the Path to the Present...and Future

EMPOWERMENT: Speaking the Language of Choice

Talk to Mark about
Motivational Speaking!

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MINDSET GO
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